

PP

THE PROSPERITY PRACTICE

R E L E A S E . R E A L I G N . R E C E I V E .

*5 Hidden Blocks to Receiving
(That no one talks about)*

Have you ever noticed...

You can manifest for other people easily...

But when it comes to yourself, the universe suddenly puts you on airplane mode?

- You journal.
- You visualize.
- You say affirmations.
- You drink the green juice.

And yet... nothing lands.

Here's the uncomfortable truth:
Most people aren't bad at manifesting.
They're just very good at blocking receiving.

Today, I'm going to show you the 5 hidden blocks that quietly shut the door to abundance...
Without you even realizing you're the one holding the door closed.

And number 4, that one really surprised me. Let's open the door properly.





Block #1: The “I’ll Rest When I Earn It” Pattern

Close your eyes for a second.

Imagine abundance walking toward you like golden light.
Soft. Warm. Expansive.

Now imagine you standing there... Arms crossed. Slightly stressed. Muttering, "Not yet. I haven't done enough."

Overworking is not a receiving frequency. It's a proving frequency.

If your nervous system believes love, money, or success must be earned through exhaustion...
Then ease will feel unsafe. And guess what? The body always wins.

Abundance doesn't enter a braced system. It enters a relaxed one. Your job isn't to push harder.

It's to soften more. Which is very annoying news for overachievers.

Trust me. I checked.



Block #2: Micro-Guilt

Close your eyes for a second.

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Block #3: Attachment Disguised as Desire

There's a difference between wanting and gripping.

Wanting feels open.

Gripping feels like white knuckles on a steering wheel.

If you check your manifestation every 12 minutes...

It's not desire. It's anxiety wearing a vision board.

Detachment is not "I don't care." It's "I trust."

Imagine planting a seed and digging it up daily to see if it's growing. That's not gardening. That's plant harassment.

Let it root.





Block #4: Identity Ceiling

This one is powerful.

You can only receive to the level your identity allows.

If deep down you still see yourself as:

- the one who struggles
- the responsible one
- the overlooked one
- the one who works twice as hard

Then abundance creates internal conflict. Because it doesn't match the character you've been playing.

To receive more, you don't chase more. You update who you believe you are.

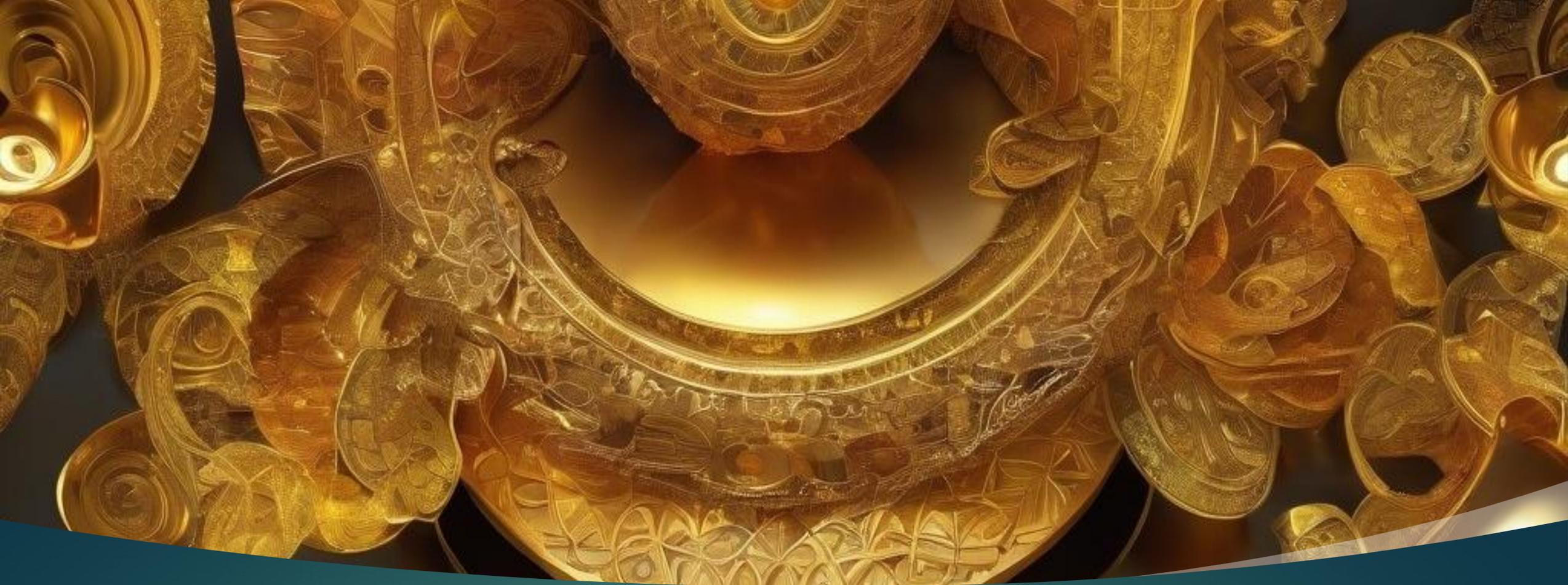
Instead of: "I'm trying to become abundant."

Shift to: "I'm becoming someone who is safe with abundance."

Feel that difference.

Subtle.

Massive.



Block #5: Not Practicing Receiving Daily

This one is powerful.

You can only receive to the level your identity allows.

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- the one who struggles
- the responsible one
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Final tips & takeaways

- ▶ If you felt even one of these land...
- ▶ It means you're not blocked.
- ▶ You're becoming aware.
- ▶ Awareness is the doorway.
- ▶ In the next video, I'm going to break down what actually happens in your nervous system when you "let go"... and why that's when things suddenly move.
- ▶ So if you're building a life based on receiving instead of chasing...
- ▶ Subscribe.
- ▶ Because this channel isn't about forcing the universe.
- ▶ It's about becoming someone who feels safe enough to receive it.
- ▶ And that changes everything.
- ▶ Take a slow breath.
- ▶ You're closer than you think.



Thank you

To book a one-on-one session with me, drop
me an email at:

TheProsperityPractice@gmail.com

with the word booking in the title.

